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Dr. Nancy Vertel & Associates
Certified Specialist Restricted to Pediatric
Dentistry

Dear parent: Your child _____ will receive treatment under oral sedation.

Please read the following document that outlines the pre-sedation oral sedation instructions and the check list for your child's dental procedure:

Does your child take medicine by mouth easily Yes No

Please name the person who will be bringing the patient to the oral sedation appointment: _____ . We recommend that the parent/caregiver chosen to accompany the patient is the most comfortable with dental and medical procedures to be able to give the best support for the child.

For your child's safety, it is mandatory that the stomach be empty at the time of the sedation appointment. Do not allow your child to eat or drink anything, even water, after midnight.

Please do not bring any siblings to this appointment. One adult and one child only. Bring them wearing comfortable clothes (Please do not wear onesies as we must place a monitor on the patient's toe), a small comforting stuffy if needed and their own headphones.

It is essential to discuss with your dentist whether or not you should give your child their medication(s) you otherwise would take on a regular basis. If the patient takes any medication(s) for ADHD, Please continue to take them the morning of the appointment.

Vomiting can be a side effect of the medications during or after the procedure. Please DO NOT give your child Gravol or any other medication other than Tylenol or Advil.

Public Transportation is not allowed. Please make alternative arrangements for pick up on the day of your child's dental procedure.

After the medicine is given we wait for about two hours before the full effect (it varies on each child). Recovery can also be slow. Children will only be allowed to leave the office until he/she has either finished a popsicle or a juice box to guarantee their airway is functional. This recovery time also varies among children.

Your child won't go to sleep. Just get drowsy or sedated. Sometimes they cry during freezing or with loud noise but they quickly settle down. However, if child is moving too much or it is not safe to proceed we will stop treatment and explore other treatment options

Please remove any nail polish from the fingernails and/or toenails as we must apply a vital sign monitor during the procedure and nail polish can interfere with the readings

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Dental materials: silver amalgam fillings or stainless-steel crowns are recommended. Zirconia/white option is also available upon request

- If your child is receiving a Stainless-Steel Crown, please note that wear and tear from grinding or clenching may result in the crown needing to be replaced in the future. We are unable to predict if or when as it depends on your child's oral habits.
- If your child is receiving composite white crowns on the front teeth, please note that the teeth being treated will not look exactly the same as their original and will be slightly different in size and will have small spacing for easy brushing and flossing.

Parents are advised to wait in the reception area, please do not leave the office at this time in case you are needed during the procedure. However, you are welcome to come and see how your child is doing at any time during the appointment. Please prepare to be at the office for about 4 hours.

Some children do very well during sedation but after the sedatives wear off, they can get very upset and this is mostly related to the numbing feeling after. Pre-teen females tend to have a more emotional reaction after procedures are completed

Please avoid giving details on the procedure and using words such as needles, shots, injections, pain, extractions, or sharing any detail related stories that might agitate the child as sedation is less likely to work if you child is very defiant, hyperactive, sensory sensitive, or extremely anxious.

Some children don't react well to sedatives (about 3/10) instead of getting sedated they get upset, crying, yelling, punching (like an "intoxicated" individual). There is no way to predict this reaction. When it happens it is very hard for parents. Therefore, we will wait for the behavior to settle down and schedule for general anesthesia

PLEASE BE ADVISED THAT THERE IS A \$300.00 CHARGE FOR A FAILED SEDATION OR IF YOUR CHILD REFUSES TO TAKE THE MEDICATIONS

PLEASE NOTE THAT THE DEPOSIT WILL BECOME NON-REFUNDABLE IF THE BOOKED APPOINTMENT IS MISSED OR YOU HAVE NOT COMPLIED WITH THE PRE-INSTRUCTIONS FOR THE PROCEDURE.

By signing this form, you are agreeing to follow the instructions given about this procedure and understand that sedation success is not guaranteed. As the caregiver, you are agreeing that the mild form of conscious sedation is going to be enough for your child over the alternative option given such as general anesthesia.

Parent's signature

CDA initials

Date

Date