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Dr. Nancy Vertel & Associates
Certified Specialist Restricted to Pediatric
Dentistry

Dear parent: Your child <<**Patient First Name**>> <<**Patient Last Name**>> will receive treatment under oral sedation.

Please read the following document that outlines the pre-sedation instructions and the check list for your child's dental procedure under oral sedation:

Does your child take medicine by mouth easily? Yes No

For your **child's safety**, it is **mandatory** that the stomach be **empty** at the time of the sedation appointment. **Do not allow your child to eat or drink anything, even water**, after midnight.

Please **do not** bring any siblings. One adult and one child. Bring them wearing comfortable clothes and a comforting item such a blanket, pillow or stuffy.

It is essential to discuss with your dentist whether or not you should give your child their medication(s) you otherwise take on a regular basis

Public Transportation is not allowed. Please make alternative arrangements for pick up on the day of your child's dental procedure.

After the medicine is given, we wait for about **two hours** before the full effect (it varies on each child). Recovery can also be slow. Children will only be allowed to leave the office until he/she has either finished a Popsicle or a juice box to guarantee their airway is functional. This recovery time also varies among children.

Your child won't go to sleep. Just get drowsy or sedated. Sometimes they cry during freezing or with loud noise but they quickly settle down. However, if child is moving too much or it is not safe to proceed we will stop treatment and explore other treatment options

Dental materials: silver amalgam fillings or SSC are recommended. Zirconia/white options also available upon request

Vomiting (throw-up) sometimes is a side effect of the medications during or after procedures

Parents are advised to wait at reception area. However, you are welcome to come and see how your child is doing at any time during the appointment. Please prepare to be at the office for **about 4 hours**.

Some children do very well during sedation but after the sedatives wear off they get very upset and this is mostly related to the numbing feeling after. Pre-teen females tend to have a more emotional reaction after procedures completed



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Some children don't react well to sedatives (about 3/10) instead of getting sedated they get upset, crying, yelling, punching (like an "intoxicated" individual). There is no way to predict this reaction. When it happens it is very hard for parents. Therefore, we will wait for the behavior to settle down and schedule for general anesthesia

PLEASE BE ADVISED THAT THERE IS A \$250.00 CHARGE FOR A FAILED SEDATION OR IF YOUR CHILD REFUSES TO TAKE THE MEDICATIONS

PLEASE NOTE THAT THE DEPOSIT WILL BECOME NON-REFUNDABLE IF THE BOOKED APPOINTMENT IS MISSED OR YOU HAVE NOT COMPLIED WITH THE PRE INSTRUCTIONS FOR THE PROCEDURE.