



#107, 22420 Dewdney Trunk Road
Maple Ridge, BC V2X3J5
Ph# 604 479 5430
Fx# 604 479 5432

Certified Specialists in Pediatric Dentistry

Dr. Nancy Vertel - Owner
Dr. Christina Chan - Associate
Dr. Zina Alkafaji - Associate

info@mapleridgedentistry4kids.com

www.mapleridgedentistry4kids.com

*Following sedation, 24 hours may be required for the full effects of the drugs to wear off.
During this period, it is essential that you follow these instructions.*

DISCHARGE FROM OFFICE:

- your child can leave the office once they have had some popsicle or juice. A CDA must accompany you and your child to your car.
- The patient must be discharged into the care of a responsible adult who can accompany him/her home.
- Arrangements should be made to have a responsible adult remain with the patient for the balance of the day and during the night.
- your child may be sleepy and emotional for the remainder of the day, have them in the room with you, IE: the couch, where you can keep an eye on them, if they start to snore please wake the child or turn them onto their sides.

TRANSPORTATION FROM OFFICE:

- Private automobile is preferred. Public transportation is not recommended. If you have a long trip it may be helpful to have an adult present who can accompany the child in the backseat.

FOOD AND BEVERAGES:

- Your child's mouth will be frozen for the next 1-2 hours
- Clear liquids and soft foods are advised for at least 6 hours and, after that, diet as tolerated.
- soft foods at first, such as ice cream, popsicles, noodles (not too hot).scrambled eggs, are all good soft foods.

ACTIVITY RESTRICTIONS:

- Don't allow your child to have intense physical activity (running, sports, swimming)for the first 24hrs post sedation

PROBLEMS:

- If your experience any acute pain, heavy bleeding from the surgical site, respiratory problems, or any other post-operative problem, please notify the dental office immediately.

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If you have any concerns at home please call the office at 604-479-5430
or if the office is closed please call Dr. _____ at ph# _____.